

Studio Policies

To help our studio run smooth for all, a few policies are needed to allow for a positive experience.

- Cell phones must be off or on vibrate. In an urgent situation, if a call must be taken, step away from the group to talk.
- The studio accepts cash or checks and is due on the date of service. Packages are non-refundable and expire 4 months after they are purchased.
- An initial private introduction to Pilates session is required before joining group sessions.
- Standing appointments are guaranteed with the purchase of a package; however less than 80 % in attendance may result in the loss of that time slot.
- Use of equipment unattended is prohibited.
- A 24 hour cancellation notice is **required** to avoid a charge to your package. If the studio can fill the slot we will not charge your account so it is best to call **248.766.8086** as early as possible.

Signature (or legal guardian)

Date